

Special Dietary Accommodation for Medical Reasons

General Information:

Sodexo, who manages foodservice for Drake University, recognizes that some students may require special dietary accommodations for medical reasons. The request must be an integral component of a treatment plan prescribed by a medical professional, qualified to treat the particular condition. Situations, such as diets for weight loss and self-imposed dietary restrictions, generally do not warrant special dietary accommodation.

Questions Regarding Personal Health & Wellness

*The Sodexo Campus Dietitian 515.271.4133, Drake Student Health Center 515.271.3731 and Drake Wellness Center 515.271.2027 are committed to providing a variety of services and information for personal health and wellness.

Procedure:

To request a special dietary accommodation, the following information must be provided:

1. **Diagnosis:** A letter on letterhead paper from an MD or DO (letters from chiropractors or nutritionists are not accepted) is required stating your medical diagnosis. In the event of food intolerance/allergies, the physician must state specifically which food(s) you cannot consume and what the allergy reactions(s) are. This should be sent to Michelle Laughlin (see contact information below).
2. **Diet:** We defer to the Academy of Nutrition and Dietetics Nutrition Care Manual for medical nutrition therapy guidance. If the diet is not included in this manual, we request that the doctor send a detailed explanation of the diet to Lucas Flaherty, RD, LD (see contact information below).
3. **Next Steps:** Upon receipt of this information, the request will be evaluated and Lucas Flaherty, RD, LD will set up an appointment with Aaron Knutson and the student to discuss their needs and how they can be accommodated.
4. Contact Michelle Laughlin to register for a 2nd residence hall refrigerator (for special dietary accommodation foods), in exception to the one per room guideline.

Contact Information:

Michelle Laughlin

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Lucas Flaherty, RD, LD

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